

TAS WHITE ROCK TUCKSHOP

Monday to Friday

Bag or On Line Orders



To order on line, visit www.flexischools.com.au and search for *Trinity Anglican School*



HOT FOOD DAILY SPECIALS	
MONDAY	
Bao Steamed Buns with Crispy Chicken	\$3.50
Nasi Goreng	\$5.50
Sushi Roll	\$4.00
Pizza – Ham & Cheese	\$1.50

TUESDAY	
6 Calamari Rings	\$4.00
6 Tempura Chicken Nuggets & Sauce	\$4.00
Pizza – Ham & Cheese	\$1.50

WEDNESDAY	
Bacon & Egg Burger	\$4.00
Beef, Cheese & Salad Burger	\$5.00
Spicy Chicken, Cheese & Coleslaw Burger	\$5.00

THURSDAY	
Spaghetti Napoli (Sml)	\$3.50
Spaghetti Napoli (Lge)	\$5.50
Honey Soy Chicken Wings	\$3.00

FRIDAY	
Butter Chicken and Rice (Sml)	\$3.50
Butter Chicken and Rice (Lge)	\$5.50
Vegetarian Curry	\$5.00

SALADS	
Chicken / Ham / Tuna / Cheese / Egg	\$5.50
Side Salad	\$3.00

SANDWICHES	
<i>White / wholemeal / lavash / toasted / gluten free wrap / focaccia</i>	
Ham or Chicken or Tuna	\$4.00
Cheese or Vegemite or Honey	\$3.00
Egg & Lettuce	\$4.00
Extra Full Salad	\$1.00
Extra Tomato / Lettuce / Cheese each	\$0.50
Toasted Ham & Cheese	\$4.50
Toasted Chicken & Cheese	\$4.50

AVAILABLE DAILY	
Pizza Rounder	\$3.00
Sausage Roll	\$3.00
Party Sausage Roll	\$1.00
Beef Pie	\$3.50
Party Pie	\$1.00
Garlic Bread	\$2.00
Spinach & Feta Triangles	\$1.00
Corn on the Cob	\$2.00

DRINKS	
<i>Also available over the counter</i>	
Low Fat Flavoured Milk (300ml)	\$2.50
<i>chocolate / strawberry / coffee</i>	
Low Fat Flavoured Milk (500ml)	\$3.50
<i>chocolate / strawberry / coffee</i>	
Plain Milk (300ml)	\$1.60
Water	\$2.00
Popper	\$2.00
<i>apple / orange / tropical / apple & blackcurrant / pine</i>	

SNACKS	
<i>Also available over the counter</i>	
Fresh Fruit (apple / orange)	\$1.50
Yoghurt Pots	\$3.00
Choc Chip Cookies	\$1.00
Red Rock Chips	\$1.50
<i>Sea Salt / Honey Soy</i>	
Mango to Go Frozen Cup	\$2.50
Cheese & Biscuits	\$1.50
Fresh Fruit Salad	\$3.50
Mini Muffins	\$1.00
<i>Blueberry / Chocolate</i>	
Mixed Dry Fruit Bag – banana, paw paw, pineapple	\$1.00