

# TAS WHITE ROCK TUCKSHOP

Monday to Friday

Bag or On Line Orders



To order on line, visit [www.flexischools.com.au](http://www.flexischools.com.au) and search for *Trinity Anglican School*



<b>HOT FOOD DAILY SPECIALS</b>	
<b>MONDAY</b>	
Bao Steamed Buns with Crispy Chicken	\$3.50
Nasi Goreng	\$5.50
Sushi Roll	\$4.00
Pizza – Ham & Cheese	\$1.50

<b>TUESDAY</b>	
6 Calamari Rings	\$4.00
6 Tempura Chicken Nuggets & Sauce	\$4.00
Chilli Chicken, Cheese & salad Wrap	\$5.50

<b>WEDNESDAY</b>	
Fish Burger	\$5.50
Hot Dog Cheese & Sauce	\$4.00
Quiche & Salad	\$5.50

<b>THURSDAY</b>	
Spaghetti Napoli (Sml)	\$3.50
Spaghetti Napoli (Lge)	\$5.50
Honey Soy Chicken Wings	\$3.00

<b>FRIDAY</b>	
Butter Chicken and Rice (Sml)	\$3.50
Butter Chicken and Rice (Lge)	\$5.50
Vegetarian Curry	\$5.00

<b>SALADS</b>	
Chicken / Ham / Tuna / Cheese / Egg	\$5.50
Side Salad	\$3.00

<b>SANDWICHES</b>	
<i>White / wholemeal / lavash / toasted / gluten free wrap / focaccia</i>	
Ham or Chicken or Tuna	\$4.00
Cheese or Vegemite or Honey	\$3.00
Egg & Lettuce	\$4.00
Extra Full Salad	\$1.00
Extra Tomato / Lettuce / Cheese each	\$0.50
Toasted Ham & Cheese	\$4.50
Toasted Chicken & Cheese	\$4.50

<b>AVAILABLE DAILY</b>	
Pizza Rounder	\$3.00
Sausage Roll	\$3.00
Party Sausage Roll	\$1.00
Beef Pie	\$3.50
Party Pie	\$1.00
Garlic Bread	\$2.00
Spinach & Feta Triangles	\$1.00
Corn on the Cob	\$2.00
School Pie	\$2.50

<b>DRINKS</b>	
<i>Also available over the counter</i>	
Low Fat Flavoured Milk (300ml)	\$2.50
<i>chocolate / strawberry / coffee</i>	
Low Fat Flavoured Milk (500ml)	\$3.50
<i>chocolate / strawberry / coffee</i>	
Plain Milk (300ml)	\$1.60
Water	\$2.00
Popper	\$2.00
<i>apple / orange / tropical / apple &amp; blackcurrant / pine</i>	

<b>SNACKS</b>	
<i>Also available over the counter</i>	
Fresh Fruit (apple / orange)	\$1.50
Yoghurt Pots	\$3.00
Choc Chip Cookies	\$1.00
Red Rock Chips	\$1.50
<i>Sea Salt / Honey Soy</i>	
Mango to Go Frozen Cup	\$2.50
Cheese & Biscuits	\$1.50
Fresh Fruit Salad	\$3.50
Mini Muffins	\$1.00
<i>Blueberry / Chocolate</i>	
Mixed Dry Fruit Bag – banana, paw paw, pineapple	\$1.00