

TAS NEWSLETTER

Edition Six
29 April 2016

Contact Details

White Rock : 4036 8111
Kewarra Beach : 4057 7000
Email : tas@tas.qld.edu.au
www.tas.qld.edu.au
www.Facebook.com/Trinity-Anglican-School-Cairns
www.Facebook.com/TAS.Sports.Cairns

A Message from the Principal's Desk

The School, Vice and Chapel Captains organised and delivered a very moving Anzac Day ceremony at our last Chapel/Assembly. They had clearly considered the meaning of Anzac Day and our students were very respectful and involved in the service. Special mention to Harry Pozzi in Year Eight for playing the Last Post at the service.

It was heartening, despite the inclement weather, to see TAS represented so well at the numerous Anzac Day ceremonies on Monday 25 April. A large number of students turned out at the Dawn Service at the Esplanade accompanied by Mr Osmond, Mr Telford, Mrs Cleland and Ms Lester. Students from the A+ World Academy who are spending some time with us this week were also in attendance. These students will spend 18 months aboard the tall ship *Sorlandet* while keeping up with their academic requirements courtesy of the teachers on board.

At the recent National Triathlon Championships, Emily Houston in Year Twelve finished third receiving a bronze medal in the individual competition. Emily has trained very hard for the Nationals after placing 5th in the recent State championships. Showing true grit and determination, Emily backed this up with a first place and gold medal in the team triathlon. Emily's hard work has paid off and will encourage other members of the Triathlon Club to continue to set goals for themselves.

*Mrs Margaret Kennedy
Acting Principal*

TAS Senior School Interhouse Cross Country Results - Friday 29 April

A new, albeit fairly wet course, was trialled for the senior Interhouse Cross Country on Wednesday. This 4km course is now entirely on school land and from all reports is a very fast and enjoyable course to run. The tree-lined, shaded avenues on either side of Sawpit Gully are a feature for the first 1.2km of the race, passing around 10000 trees planted by our students about 8 years ago. Kennedy House won the carnival overall.

Individual age champions (race winners), were as follows, with all of these students now a record holder for the new course:

U12 Girls: Luna Ibanez-Hara
U12 Boys: Riley Madder
U13 Girls: Ella Goddard
U13 Boys: Joel Stevens

U14 Girls: Cara Wenck
U14 Boys: Jason Nguyen
U15 Girls: Emma Simpson
U15 Boys: Chris Sutton

U16 Girls: Georgia Trompf
U16 Boys: Gordon Milne
U17 & Open Girls: Clio Ozanne-Jaques
U17 & Open Boys: Liam Simpson

Gordon Milne had the fastest time of the day for the boys with 14m24s and Clio Ozanne-Jaques ran the fastest girls time of 14m51s.



Senior School News

We have a busy next few weeks with a number of activities including excursions, visiting drama groups, Interschool Cross Country, NAPLAN testing, Work Experience interviews for our Year Ten students and the Rotary Youth Driver's Awareness program which all Year Eleven students should attend.

MONDAY 2 MAY

A reminder to parents that this is a public holiday and school will be closed.

TUESDAY 3 MAY

Mrs Dickson and the Drama students will participate in Humunculus Theatre today during class time. These kinds of experiences enrich our students learning and allows them to think more creatively.

WEDNESDAY 4 MAY

Kennedy House will use their house meeting time today to come together in worship with Chaplain Lorraine. This will commence at 9.55am and parents are most welcome to attend if they are able.

Students in 8B will visit the aged care facility on Progress Road today as part of their Pastoral Care program.

A representative from the G'Day USA program, which TAS was involved in a few years ago will speak to students regarding the program for 2017.

FRIDAY 6 MAY

The Interschool Cross Country competition will take place today with the course being set out at St Mary's Catholic College. Our students will be transported to St Mary's as a team and should not make their way to St Mary's themselves. Mr Osmond will meet the team at TAS and travel with them on the bus to St Mary's.

MONDAY 9 MAY

8A will travel to the aged care facility in Progress Road as part of their Pastoral Care program.

TUESDAY 10 MAY

The first NAPLAN test will take place today for students in Years Seven and Nine.

WEDNESDAY 11 MAY

The second NAPLAN test will take place today.

Students in 8B will travel to the aged care facility in Progress Road for their second session.

THURSDAY 12 MAY

The third and final NAPLAN test will be completed today by our students in Years Seven and Nine.

8C will travel to the aged care facility in Progress Road today.

Year Ten students will complete their work experience interviews with representatives from the Vocational Partnerships Group (VPG) today. Mrs Chant will organise and distribute an interview schedule to all Year Ten students.

FRIDAY 13 MAY

All Year Eleven students should attend the Rotary Youth Driver's Awareness (RYDA) program today which will take place at the Cannon Park Racecourse. Parents of Year Eleven students should have received a letter outlining this program with a permission form attached. The permission form needs to be completed and returned to Student Reception as soon as possible. This program is a very worthwhile one as our students prepare to increase their independence as drivers on the road. Additional letters and permission forms are available at Student Reception.

*Mrs Margaret Kennedy
Acting Principal*

TAS DATES TO NOTE IN THE CALENDAR

SENIOR SCHOOL

Mon 2 May : Labour Day Public Holiday
 Tue 3 May : WRS Parent/Teacher Interviews
 Fri 6 May : TCS Interschool Cross Country
 Sun 8 May : Mother's Day
 Tue 10 May: First Naplan for Years Seven and Nine
 Wed 11 May: Second Naplan for Years Seven and Nine
 Thur 12 May: Final Naplan for Years Seven and Nine
 Fri 13 May: Year Eleven attend RYDA program

JUNIOR SCHOOL

Sat 30 April : TAS Kindergarten & Prep Open Morning
 Mon 2 May : Labour Day Public Holiday
 Tue 3 May : KBJ Year Six Camp Departs
 Fri 6 May : KBJ Year Six Camp Returns
 TCS Interschool Cross Country
 WRJ Mother's Day Stall & Morning Tea
 KBJ Mother's Day Stall & Afternoon Tea

PARENT LOUNGE

Keep up to date with daily notices through access to the Parent Lounge - <https://alpha.tas.qld.edu.au/parentlounge/login.cfm>

Junior School News

Term Two will see a number of events including Outdoor Education Programs, sporting carnivals and NAPLAN which may bring about some level of anxiety in your child. KidsMatter provides advice as to how to assist children with anxiety problems.

Children with anxiety problems are often quiet and obedient. This can lead to their difficulties being overlooked. It is important to take note of children's worries so that their problems can be addressed sooner rather than later.

General principles for assisting children with anxiety disorders:

- *Increase children's helpful coping skills*

Anxious feelings are fed by anxious thinking. It is important not to dismiss children's anxious feelings, but to help children see that the situations they are worried about may not be as bad as they think.

- *Teach by example*

Showing children how you cope positively with feeling anxious or stressed and remaining calm and positive when they are feeling anxious can help them to feel more confident.

- *Avoid taking over*

Children with anxiety are usually very happy for someone else to do things for them. However, if adults take over for them it stops them from learning how to cope for themselves.

- *Encourage children to 'have a go'*

Having a go helps to show children that they can cope. Praise or reward them for every step they manage to take.

Further information on KidsMatter is available at www.kidsmatter.edu.au

Ms Maree Bowe & Ms Barbara La Coste
Heads of Junior School - Kewarra Beach and White Rock

TAS P&F News

The TAS P&F AGM was recently held and the 2016 P&F Committee were elected as follows :

President :	Patricia Merchant (email president@taspandf.com)
Vice President - White Rock :	Kimika Turnbull
Vice President - Kewarra Beach :	Sharon Kildal
Secretary :	Terri-Ann Christensen
Treasurer :	Nick Morris
Committee Members :	Stuart Wright and Kylie Wenck



Sorlandet Open Day

- Stephanie Schmidt & Kade Robinson in front of the tall ship
- TAS Students onboard with students from A+ World Academy

Kewarra Beach Junior School News

Kidsmatter Matters: The Parent Community Group has been busily organising events to make Mother's Day just that little more special. Friday 6 May sees the TAS Bake Off for 2016. All baked savoury and sweet items may be delivered to the Tung Yep Library from 8:00am onwards for judging. Prizes will be announced at the Preparatory to Year Six Assembly at 2:00pm that afternoon.

A Mother's Day Afternoon Tea is being hosted in the library that afternoon from 2:15pm - 3:00pm. Refreshments will be courtesy of the TAS Bake Off. Entry is \$1.00 and there are raffle prizes to be won. All proceeds will be donated to the Breast Cancer Foundation.

Achievement Matters: Congratulations to Artists of the Week Abbie Curtis 6W and Marcus Graf 2L. Random Acts of Kindness and Good Deeds recipients are Ella Gibson 2RJ, Hugo Loveridge 3O and Sherri Albrecht 3O. Very well done!

Weather Kid Matters: You may have heard a familiar voice reading the weather on Sea FM last Thursday morning.

Harry Moase 6W recounts his experience as the weather kid:
When I found out I was going to be Sea FM's first weather kid I was extremely excited. To become Sea FM's weather kid you enter the competition and hope your name gets pulled out. If that happens you get to announce the morning weather! I have never been in a radio studio before so I was interested to see all the equipment. I met Mark and Juanita the Sea FM morning crew who make being on the radio sound very easy, but it is very nerve-racking the first time you do it. The studio looked exactly as I had expected it with the microphones and headphones along with computers. This is sure to be an experience I will never forget!

Commemorative Matters: In acknowledging ANZAC Day, Year Six students led a very moving service last Friday afternoon. Each class had made a wreath for the service and these are now on display in the Tung Yep Library.

Mr Robert Lade, the Year Six Captains and Vice Captains represented the School at the ANZAC Dawn Service at Trinity Beach, laying a wreath on the School's behalf. They were joined in the march by a number of students from Preparatory to Year Six all proudly wearing their school uniforms. Students are to be acknowledged for their respectful participation.

Guest Speaker Matters: David Gillespie, author of Eat Real Food, will present a parent information session at KBJ on Tuesday 17 May from 2:00pm - 3:00pm in the Tung Yep Library. He is also hosting a session that evening in the Stuart Library at White Rock from 6:30pm - 7:30pm. Childcare is available for the evening session.

Tuckshop Matters: Gloria extends her thanks to all those who assisted in the tuckshop on the day of the Interhouse Cross-Country.

Mrs Daniels and the Environmental Club have worked to introduce a recycling initiative at the tuckshop. After finishing food and drink purchased, students write their names on the empty recyclable containers and pop them in the provided bin. The containers are collected and sorted by members of the Environmental Club each fortnight and the student who has recycled the most containers wins a treat from the tuckshop.

P&F Matters: Students will have the opportunity to shop at the Mother's Day Stall next Friday 6 May. A great range of gifts are available, with prices ranging from \$1.00 to \$15.00.

*Ms Maree Bowe
Head of Junior School Kewarra Beach*

White Rock Junior School News

Achievement Matters: We congratulate the following students who received awards at our recent assembly. Bounce Back Brilliance Award: Kaytlyn Hillman, Helping Hand Award: Jinan Hassan, Young Round Square Award: Ms LaCoste, Sports Person of the Week: Sasha Featherby (P-2), Joanna Chen and Thomas Ezard (3-6), Artist of the Week: Caitlyn Mock, Performer of the Week: Zachary O'Connor on the piano.

Community Matters: The WRJ Parent Community Group will once again be hosting a Mother's Day Morning Tea and Fashion Parade from 7:30am - 10:30am on Friday 6 May at the Multi Purpose Hall. Students are encouraged to bring their mother, or a special female in their lives, from 7:30am onwards for refreshments. The photo booth will be provided for a special Mother's Day photo on entry. Once children have gone to class at 8:30am the fashion parade will begin. Children will be provided with time to visit the P&F's Mother's Day Stall throughout the day to purchase a lovely gift for mum, with prices ranging from \$1.00 to \$15.00.

The Parent Community Group will be holding the WRJ Obstathon on Friday 17 June so please save the date! The \$5.00 entry fee will see students and parents rewarded with a sausage sizzle and refreshment upon completion of the course. We hope to see you there.

Anzac Day Matters: Students participated in classroom activities last Friday in recognition of Anzac Day. Year One students discussed the significance of Anzac biscuits before using their carefully written recipes to bake their own biscuits. Preparatory students made poppies, Anzac biscuits and a special 'Anzac Book'. They particularly enjoyed special visitor, Warrant Officer Andrew Dunn, 51st Battalion, based at Porton Barracks.

Welcome Matters: We welcome Mr Long back from Long Service Leave. We congratulate Mr Long who used his leave to act as Assistant Coach to the U15 Australian Girls Hockey champions.

*Ms Barbara La Coste
Head of Junior School White Rock*

Mother's Day Stall
Friday 6 May
WRJ & KBJ

Students will come along with their classes to buy for Mum

Gifts range from \$1.00 to \$15.00

Sports News

TAS World Challenge Nepal 2017 Launch

The next World Challenge Expedition for TAS, being to Nepal in December 2017, has been launched recently. If you missed the parent information session on Wednesday night, I have information packages available for collection. The trip is for current Year Nine and Ten students only.

A+ World Academy Visit – The Floating International School

TAS recently hosted the A+ World Academy on their visit to Cairns. This international school sails the World on an 85 year-old fully rigged tall ship from Norway, the *Sorlandet*. The visitors attended the ANZAC day dawn service on the Esplanade with us and then welcomed us aboard for breakfast, a tour of the boat and the morning Colours ceremony. The students and teachers came to TAS on Tuesday and Wednesday this week to attend classes, use our new science labs and participate in the senior interhouse cross country.

TAS-Brothers Hockey

2016 is again a strong year for TAS-Brothers hockey in terms of participant numbers, with players starting their games recently. The younger teams enjoyed the season-opening march past events, and some of the older players had to play some very wet matches on grass.

Duke of Edinburgh International Award

During the Easter school holidays a group of 12 students and three staff completed a very enjoyable three-day lilo trip on the upper Mulgrave River. Day 1 was spent exploring Kearney's Falls and then walking upstream to the East Mulgrave causeway to camp. The lilos (one person rafts) were inflated the next morning and the group spent the next two days paddling down rapids and under waterfalls, to finish 6km downstream of Kearney's campground. Many students were using this expedition to count towards their silver award. For more information about the Duke of Edinburgh program at TAS (for students 14 years and older) please email Ms Warren, our school Duke of Edinburgh coordinator, on sarahw@tas.qld.edu.au.

National Hockey Success

Mr Long has recently returned from a very successful campaign as one of the Queensland U15 Girls Hockey Coaches. His team won the National grand final, with the star player being former TAS student Mackenzie McAvoy (goalie), who was officially named player of the tournament and also voted as player's player.

ANZAC 100 Triathlon

A group of eight keen athletes from our triathlon squad competed in the ANZAC 100 triathlon in Townsville on Sunday. Our school students were granted special entry into this triathlon, which was similar in distance to a half ironman event – in this case being a 1km swim, 90km bike and 9km run. This event was the culmination of a heavy training cycle and all performed well, with Emma Simpson managing to average 4m45s per km for her 9km run at the end of this long event.

RECENT SPORTING ACHIEVEMENTS:

- Emily Houston competed last weekend in the National School Sport Triathlon Championships in Hervey Bay, as part of the Queensland Team. After coming a credible 6th out of water and then 6th out of the bike transition into the run, Emily worked her way up the field during the 5km final run leg to place 3rd overall – a National bronze medal. Her Queensland relay team then flew around the shorter course the following day, to finish with a gold medal.
- Max Telford recently represented the Cairns Cyclones Inline Hockey Club at the State Inline Hockey Titles held in Townsville, where his team made the grand final. Max was also named in the Queensland Team to compete at the Inline Hockey National Titles in Victoria at the end of Term Three.
- Ryan O'Keeffe was selected in the Peninsula U12 Football Team.
- Chantelle O' Rielly and Amy Statton have been selected in the U12 Peninsula Basketball team.
- The following students were selected in Cairns Hockey Representative teams to contest the Hawthorn Shield in Townsville in May: Lily Watts, Maya Shepherd, Elangi Cuttance, Giaan Tippet, Harry Pozzi, Faith Tippet, Abby Fowler, Annelise Shepherd, Holly Brislan, Maegan Berther, Millie Scott, Chris Sutton, Maddy Hargreaves, Jessica Fowler, Ellie Watts, Ella Burman, Tamara Kerr, Joshua Fowler and Georgia Trompf.

COMING SPORTING EVENTS

For a full listing of the 10-12 Years Cairns Independent and 13-19 Years Trinity Coast South (TCS) Representative Sporting Trial Dates please consult either the school website or Parent Lounge.

- Tuesday 3 May, Cairns Netball Season Opening March Past, 5:45pm.
- Thursday 5 May, 10-12 Years Cairns Independent Interschool Cross Country, St Mary's oval.
- Friday 6 May, 13-19 Years Trinity Coast South (TCS) Interschool Cross Country, St Mary's oval.
- Friday 20 May, 10-19 Years Peninsula Cross Country, held at TAS White Rock.

Tell Us Your Sporting News:

We would love to hear about external sporting achievements of our students so please email sport@tas.qld.edu.au with details and preferably good quality, high resolution pictures.

TO STAY INFORMED about TAS Sport matters, please LIKE the TAS Sport Cairns on Instagram and the TAS Sport Cairns Facebook page at www.facebook.com/tas.sport.cairns.

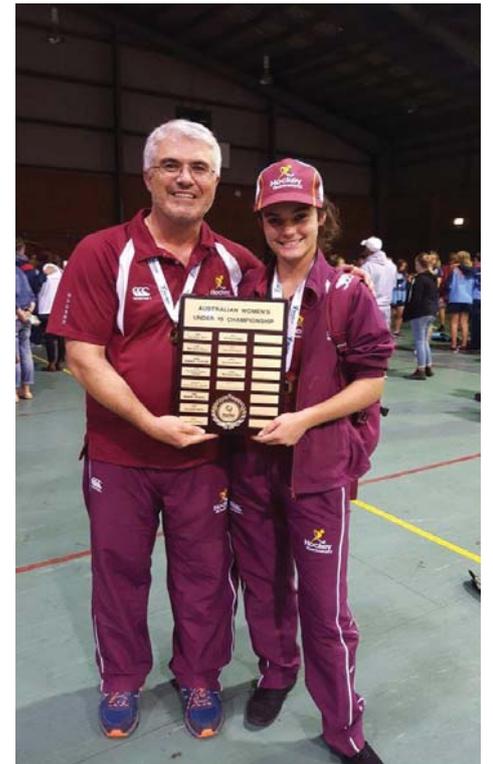
Mr Darren Osmond
Director Outdoor Activities

TAS International News

It has been wonderful to have the 14 students and six teachers from the ship *Sorlandet* visit our school. Their tall ship is amazing and worth having an inspection. If you are about the Pier on Saturday 30 April between 10:00am and 1:00pm, the ship is open for visitors.

They will be leaving Cairns at 2:00pm on Saturday and it would be wonderful to have a bon voyage group from TAS to wave goodbye. I do hope to see you there!

*Ms Joyce Lester
Director of International Studies*



Photos L - R, Top to Bottom:

- Duke of Edinburgh Expedition
- Emily Houston at National Triathlon Championships
- Triathlon Squad at ANZAC 100 in Townsville
- Mr Long with Mackenzie McAvooy

TAS Fundraising

TAS is very excited to be fundraising with the Entertainment Book again this year. Order your new 2016 / 2017 Entertainment Books and Entertainment Digital Memberships and 20% of the proceeds are contributed back to TAS.

This year, we are very proud to announce that the funds raised will go towards adopting a child through Friends of the Himalayan Children. For more information on this worthy organization, visit www.f-hc.org.

You can purchase the Entertainment Book or Digital Membership for just \$55, giving you up to 50% off and 2-for-1 offers at local restaurants, cafes, attractions, hotel accommodation, travel and much more!

Purchases of the Entertainment Book can be made from the White Rock Senior reception, or visit the website – www.entertainmentbook.com.au/orderbooks/27032x2.



Photo Gallery



Benji & Eleanor with the wreath from 1M



ANZAZ Day at Kewarra Beach



Oliver, Felicity & Poppy celebrating ANZAC Day



Artist of The Week - Abbie Curtis 6W



Artist of The Week - Marcus Graf 2L



White Rock Junior Award Recipients at Assembly



Year One (WRJ) enjoying ANZAC cookies



Years 3 - 4 Hockey Season Opening



TAS S3 Hockey Team with a wet first game



TAS Presents

Rock under the Stars

Friday 27 May 2016

6:00pm - 9:00pm

Outside the Multi-Purpose Hall

TAS White Rock

Friends of
TAS Music
sausage sizzle & bar
on site
BYO food welcome

Raffles & Prizes
All proceeds from
raffles go towards the
TAS Music
Department

BYO blanket or chair



TAS
TRINITY ANGLICAN SCHOOL

Free fun event for all ages!

TAS
MUSIC